

ISSUE #152//NEW ZEALAND'S PREMIER ADVENTURE MAGAZINE SINCE 1981

TO THE END OF THE EARTH

MOUNTAIN BIKING IN SAMOA

POLAR RACE

WINDSURFING IN NEW ZEALAND

NEW ZEALAND

adventure

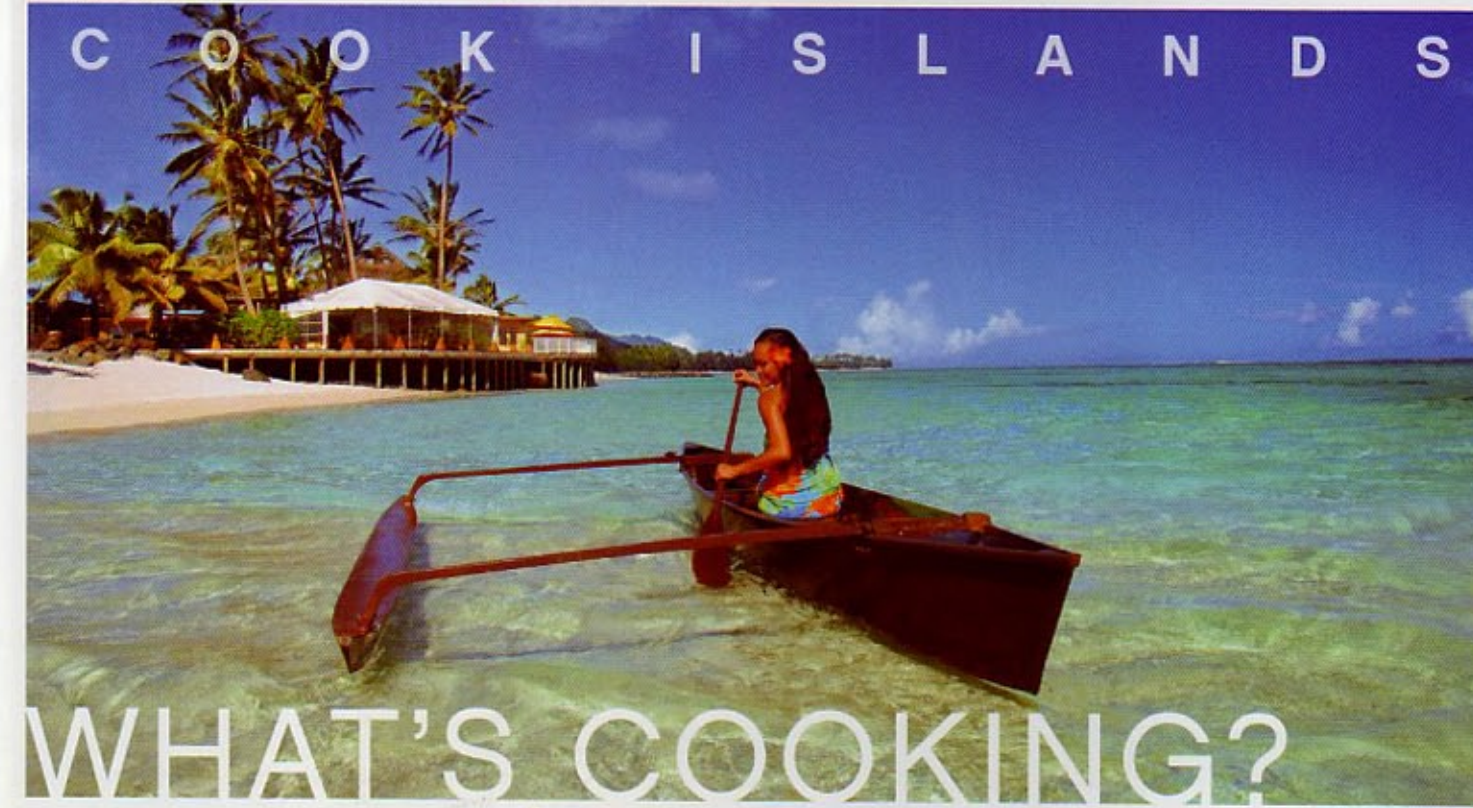
FEB - MAR 09//WHERE ACTIONS SPEAK LOUDER THAN WORDS//



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152 TRAVEL THE WORLD SAMOA | MOROCCO | CANADA | INDONESIA | VANUATU | SWITZERLAND | HAWAII...



WHAT'S COOKING?

The Cook Islands is the hot destination in the South Pacific, and one of the most common questions travellers ask is: "When's the best time to go?"

Well, anytime is ideal. A winter escape is common, but more adventure travellers are now realizing that Frangipani Season (late October to April) is even better.

When you head to Rarotonga or Aitutaki during Frangipani Season you can experience balmy tropical weather (not too hot or wet, and no rainy season), fragrant frangipani, luscious mangoes, long summer evenings and sizzling tropical sunsets.

When the world's your oyster it can be hard to assess a destination you've never been to. Here's our reasons for picking the Cooks ahead of most places:

- Rarotonga is known as the Island of Flowers and Aitutaki has been named the world's most beautiful lagoon, truly a must-see. Two stunning jewels.
- Snorkelling is amazingly good.
- Island adventures are only minutes away (eg diving, fishing, mountain safari).
- Genuinely friendly English-speaking people who are easy to get to know.
- Rich, vibrant Polynesian culture.
- Very affordable (they use the New Zealand dollar).
- Uncommercialized - no hawkers, no buildings taller than a coconut palm. But they do have wireless internet, ATM's, restaurant & cafes ...
- Uncrowded & unspoilt - imagine a pristine white sand beach all to yourself!
- Safe travels for couples, women alone - no muggings, peaceful society.
- Unique nature but no snakes, poisonous spiders, scorpions to contend with on the land, and no sharks or stinging jellyfish in the lagoons ... and no malaria.
- A true island paradise - "Like Hawaii was 30 years ago".



So, all that's left is to imagine sitting with your toes in the warm white sands on your private tropical island hideaway at the Aitutaki Lagoon Resort & Spa (www.AitutakiLagoonResort.com), taking in jaw-dropping views of the World's Most Beautiful Lagoon, Aitutaki. Or picture yourself meeting the rainbow-coloured reef fish in the Aroa Lagoon Marine Reserve at The Rarotongan Beach Resort & Spa (www.TheRarotongan.com). Cook up a treat - head off to the Cooks for your next holiday, then ask yourself what took you so long.



Move to the Earth's Heartbeat



Give yourself a little time to reconnect with what's important in life. Rarotonga allows you the place, the space and that indefinable 'island time' to move to nature's rhythms - the tropical sun, the moon, the stars, the tides, the very essence of paradise. New research shows you don't just need 5+ Veggies a day, you need 5+ Vacations or shortbreaks a year for your health, happiness ... and sanity! Just 3 1/2 hours from Auckland discover The Rarotongan Beach Resort & Spa, right on famous Aro'a Lagoon Marine Reserve renowned for its snorkelling. And right now's Frangipani Season, one of the very best times to come. Do yourself a favour. Refresh, renew, re-discover the best in yourself and the one you love.



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